



2022-23

ANNUAL REPORT

CARE INDIA WELFARE TRUST

www.careindiawelfaretrust.org



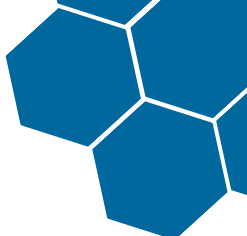


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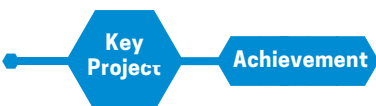
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ABOUT US



Care India Welfare Trust is a dynamic non-profit organization working since 2011 through its need-based programs committed to driving positive change and uplifting communities in slums and deprived areas of India. We believe in the power of collective action and are dedicated to empowering vulnerable groups, fostering sustainability, and creating a brighter future for all.

CIWT focuses on several critical areas, including women empowerment, girl child education, old age assistance, environmental conservation, unemployment in youth, toddler education, healthcare and sustainability.

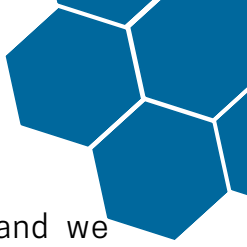
Women empowerment and education for all lies at the core of our mission. We believe that when women are empowered, entire communities thrive. Through skill-building programs, entrepreneurship training, and advocacy, we empower women with the knowledge, tools, and resources they need to unleash their full potential and become agents of change.

Education is a fundamental right, and every child deserves access to quality education, regardless of their background. Our NGO is dedicated to providing girl child education, as we firmly believe that educating girls is key to breaking the cycle of poverty and ensuring a more equitable society. By establishing schools, providing scholarships, and promoting girls' education initiatives, we strive to create an environment where every girl can dream, learn, and succeed.

We also extend our support to the elderly, who often face neglect and isolation. Our old age assistance programs focus on addressing the unique challenges faced by senior citizens, including healthcare support, emotional well-being, and social inclusion. By offering a range of services, from medical camps to recreational activities, we ensure that our elders receive the care and respect they deserve.

Environmental conservation is a pressing concern, and we are passionate about safeguarding our planet for future generations. Through community-driven initiatives, tree plantation drives, waste management programs, and awareness campaigns, we actively promote environmental sustainability. We believe that by engaging individuals and communities, we can create a greener, cleaner, and more sustainable environment.

Recognizing the importance of youth in shaping the future, we also strive to provide employment opportunities and skill development programs for young individuals. By partnering with local businesses, offering vocational training, and facilitating mentorship programs, we empower youth to access sustainable livelihoods, realize their potential, and contribute to their communities' growth.



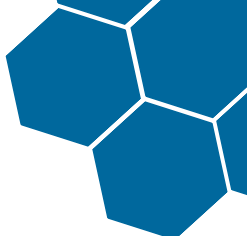
Early childhood education is crucial for a child's holistic development, and we focus on providing quality toddler education in slums and deprived areas. By establishing early toddlers learning centers, training dedicated teachers, and engaging parents, we create safe and stimulating environments where young children can learn, play, and grow.

Our NGO is deeply committed to sustainability in all aspects of our work. We advocate for sustainable practices, promote renewable energy, and support initiatives that enhance the overall well-being of communities while preserving natural resources for future generations.

Join us in our mission to empower women, educate girls, support the elderly, protect the environment, provide employment opportunities for youth, ensure early childhood education, and promote sustainability. Together, we can create lasting change, foster inclusive development, and build a more prosperous and sustainable future for all.

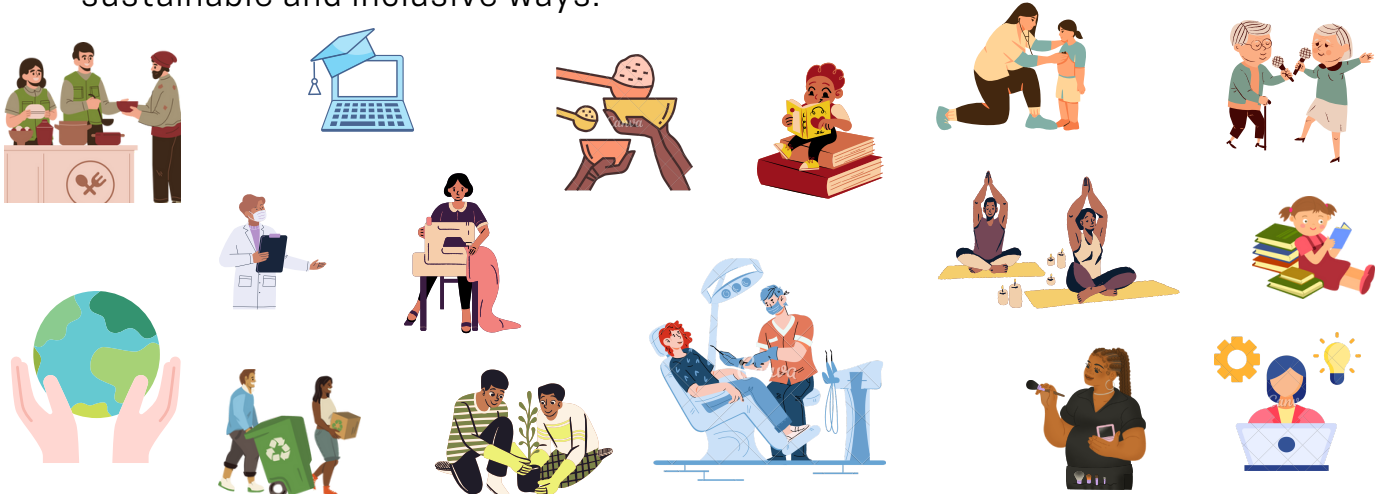
In 2022-23 ,we have benefited more than 2,97,499 including children, destitute women and poor old people under our projects.





VISION

Our vision is to create a society where every individual, regardless of their background or circumstances, has equal opportunities, dignity, and the power to shape their own future. We envision a world where women are empowered, children receive quality education, the elderly are respected and cared for, the environment is preserved, and communities thrive in sustainable and inclusive ways.



MISSION

Our mission is to transform lives, empower communities, and drive positive change through our multifaceted initiatives. With your help and collaboration we all can do our share for society and see rippling improvement in the situation of deprived sections.

"We strive to create a society that is equitable, inclusive, and sustainable. We actively collaborate with individuals, communities, and stakeholders to bring about meaningful and lasting change, improving lives and building a brighter future for all."

- Mahinder Dobriyal
President CIWT





EXORDIUM

Care India Welfare Trust has become a beacon of hope and catalyst for change. I am overwhelmed with gratitude as I reflect on the remarkable journey we have embarked upon together, and the profound impact we have made on the lives of countless individuals and the nation as a whole. From the very inception of our organization, our goal has been clear—to serve our nation with unwavering dedication and passion.

We envisioned an India where everyone, regardless of their circumstances, would have equal opportunities to thrive, succeed, and grow. Guided by this vision, we have worked tirelessly, harnessing the collective power of compassion, resilience, and determination.



**Mahinder
Dobriyal**

President- CIWT

Our efforts have not been in vain. Through our initiatives, we have brought tangible change to the lives of the marginalized, the underprivileged, and the voiceless. We have witnessed families breaking free from the chains of poverty, children pursuing their dreams through education, and women emerging as leaders in their communities. Together, we have paved the way for a more inclusive and prosperous society.

Our achievements are a testament to the indomitable spirit of our team, the unwavering support of our partners, and the generosity of our supporters. We have forged invaluable collaborations with like-minded organizations, government bodies, and individuals who share our passion for nation-building. Together, we have created a synergy that transcends boundaries, enabling us to reach untouched issues of marginalized with compassion and purpose.

However, our journey does not end here. As we celebrate our accomplishments, we also recognize the immense challenges that lie ahead. Our commitment to serving the voiceless remains unshakeable. We will continue to push boundaries, break barriers, and champion causes that are close to our hearts. We will expand our reach, deepen our impact, and leave no stone unturned in our pursuit of a stronger, more resilient India.

We envision a nation where every child receives a quality education, where women are empowered to lead, where the elderly are respected and cared for, where the environment is cherished and preserved, and where every individual has the opportunity to thrive. Together, let us strive to make this vision a reality—one life, one community, and one nation at a time.

I extend my heartfelt gratitude to each and every one of you who has been a part of this incredible journey. Your unwavering support, generosity, and belief in our cause have fueled our determination and propelled us forward. Together, let us continue to build a nation that we can be proud of—a nation that stands as a shining example of compassion, equality, and progress.

With deepest gratitude and unwavering commitment.

Mahinder Dobriyal

ACCOMPLISHMENTS 2022-23

- In the fiscal year 2022-23, a staggering number of **3,923** children enthusiastically enrolled in our esteemed **Vocational Studies Program**, embracing the opportunity to acquire practical skills and knowledge that will shape their professional journeys and open doors to a prosperous future.
- A transformative journey unfolded as **611** children embarked on captivating **Educational Expeditions**, immersing themselves in enlightening experiences that broadened their horizons and ignited a thirst for knowledge.
- Financial assistance was extended to **90** girls under the Girl Child Scholarship Program, empowering them with the means to pursue their educational aspirations and unlock a brighter future.
- Under the Self-defense Program, **2,880** women and girls were empowered with knowledge and skills in **self-defense**.
- **332** women achieved self-employment through the cutting and tailoring course and beautician training course, embarking on a journey of entrepreneurship and self-sufficiency.
- A remarkable achievement unfolded as a total of **1,764** children and youth were equipped with essential skills through our prestigious **Computer Training Program** and **BPO Training Program**. These comprehensive initiatives have empowered them with the necessary technological proficiency and industry-specific knowledge, positioning them for success in the digital era and opening doors to promising career opportunities.
- Throughout the current fiscal year, we orchestrated a remarkable series of 18 health camps, **12 dental camps**, and **12 eye check-up camps**, providing invaluable healthcare services to our community. With great pride, we announce that a significant number of **9,673** individuals availed themselves of these camps, embracing the opportunity to prioritize their well-being and access essential medical care.



ACCOMPLISHMENTS 2022-23



- Under the program dedicated to providing **Healthcare Support** for the elderly, a significant initiative was undertaken whereby a total of **378** senior citizens received the distribution of medicinal supplies.
- In an recreational act of profound compassion, the joyous celebration of birthdays was extended to **297** underprivileged elders, creating a transformative experience that brightened their lives and evoked heartfelt smiles upon their faces.
- Through a comprehensive outreach effort, valuable knowledge pertaining to the government's pension schemes and healthcare initiatives was imparted to the elderly, ensuring their awareness and understanding of the available resources designed to support their well-being.
- Under the esteemed **Old Age Health Care Program**, a monthly provision of financial aid is being extended to **55** esteemed elderly individuals, offering them crucial support to meet their financial needs and enhance their overall well-being.
- A remarkable achievement has been attained as a total of **1,320** young individuals have been successfully enrolled in the **BPO Training Program**. This program has not only facilitated their professional development but also resulted in a significant enhancement of their communication skills, equipping them with the essential capabilities needed to thrive in the dynamic field of career opportunities.
- Through the comprehensive **BPO Training Program**, a commendable milestone has been reached whereby gainful employment opportunities have been extended to **95** marginalized youth. This initiative has not only empowered them with valuable skills but has also opened doors to economic stability, offering a transformative pathway towards a brighter future.

ACCOMPLISHMENTS 2022-23

- Through our comprehensive **Health Awareness Campaign**, we successfully disseminated vital health information to an astounding number of **26,022** individuals, empowering them with knowledge and fostering a deeper understanding of crucial health-related matters.
- As part of our impactful efforts, we provided **Dental Kits** to **900** underprivileged individuals, equipping them with essential tools and resources to prioritize oral health and ensure a brighter, healthier smile.
- In a remarkable act of compassion, we extended the gift of improved vision to **385** marginalized individuals who were **Visually Impaired**. Through our generous distribution of spectacles, we empowered them to see the world with newfound clarity and regain a sense of independence and dignity.
- Through our ambitious **Medicinal Tree Plantation Drive**, we sowed the seeds of transformation by planting an awe-inspiring total of **3,630** medicinal plants. This exceptional endeavor not only nurtures the environment but also contributes to the preservation of nature's healing power, ensuring the availability of vital medicinal resources for generations to come.
- Through the impactful **Swachh Bharat Awareness Campaign**, a staggering number of **16,183** individuals were successfully inspired and motivated to actively contribute towards maintaining cleanliness in both their immediate surroundings and the broader society. This transformative initiative instilled a deep sense of responsibility, fostering a collective effort towards creating a cleaner and healthier environment for all. We conducted **Swachhta Drives** at **105** places like - parks, societies, streets, schools, bus stands and railway stations etc.





ACCOMPLISHMENTS 2022-23

- As part of our dedicated **Disability Welfare Program**, we made a profound impact by distributing **wheelchairs** to **40** individuals with disabilities. This transformative initiative aimed to enhance their mobility, independence, and overall well-being, ensuring that they could navigate their lives with greater ease and dignity.
- Within the comprehensive framework of our esteemed **Disability Welfare Program**, we are steadfastly committed to extending monthly **financial support** to a cohort of **80** individuals grappling with disabilities. This paramount initiative aims to alleviate financial hardships and create an environment of inclusivity, where these individuals can lead fulfilling lives free from the burdens imposed by their disabilities.
- Within the ambit of our extensive **Child Protection and Child Rights Program**, a commendable effort was undertaken to raise awareness among a significant cohort of **5,821** children and individuals. This crucial initiative aimed to advocate for the welfare, care, and safeguarding of children, fostering a society where their rights and protection are upheld as paramount principles.
- Under our auspicious initiative, we diligently disseminated valuable knowledge pertaining to the detrimental issue of violence against children, proactive measures to prevent abuse, as well as their inherent **Social and Legal Rights**, with a vision to secure a promising future for them.
- Within the profound **Cancer Awareness Program**, we facilitated crucial financial aid to **25** children afflicted with cancer. This imperative initiative sought to alleviate the burdens imposed by the disease, enabling these young individuals to access the necessary medical treatments and support for their battle against cancer.
- Within the realm of our **Consumer Rights Program**, a significant effort was dedicated to enlightening a notable cohort of **2,464** individuals about the intricate domain of consumer rights.



This intricate initiative aimed to empower and equip these individuals with comprehensive knowledge and understanding, enabling them to assert their rights and make informed decisions in their consumer interactions.

- Within the profound scope of our **Human Rights program**, a remarkable endeavor was undertaken to edify a noteworthy population of **2,893** individuals on the intricate realm of human rights. This pivotal initiative aspired to foster awareness and understanding, equipping these individuals with invaluable knowledge to recognize, advocate, and safeguard the inherent rights and dignity of all individuals.

ACCOMPLISHMENTS 2022-23



- Through our impactful **Hunger Free Program**, we successfully provided nourishment to a remarkable total of **34,303** individuals, ensuring their basic needs were met and alleviating hunger within our community. This significant initiative aimed to address food insecurity, fostering a compassionate environment where no individual had to endure the plight of hunger.
- As part of an expansive **Health Awareness Campaign**, a notable accomplishment was achieved wherein a total of **5,579 Elderly** individuals were effectively enlightened about matters pertaining to their well-being.
- Through the implementation of the **Remedial Education Drive**, an extensive program was carried out, wherein meticulous and comprehensive tutoring sessions were provided to **160** children residing in underprivileged slum areas. This initiative aimed to bridge educational gaps and empower these young individuals by offering them the necessary academic support and guidance they require to overcome challenges and excel in their studies.
- In this fiscal year, as part of the **Red Dot Campaign**, noteworthy accomplishment was achieved through the distribution of **48,604** sanitary napkins. This significant initiative not only addressed a crucial aspect of women's health and hygiene but also played a pivotal role in empowering and supporting women in their pursuit of well-being and dignity.
- In addition, we undertook the task of enlightening women about the proper disposal methods of sanitary waste and diapers, emphasizing the importance of utilizing paper-based and **SUSTAINABLE** alternatives. Through this educational initiative, we aimed to foster a sense of environmental consciousness and responsibility, empowering women to make eco-friendly choices that contribute to the preservation of our planet's resources.



*We Are Growing our
Reach & Together We
Can.*

OUR NEW MISSION - TODDLER EDUCATION IN EVERY SLUM

Toddlers living in deprived slums in India face numerous challenges when it comes to accessing education. Some of the common challenges include:

- **Lack of Infrastructure:** Slums often lack basic infrastructure such as schools, preschools, or early childhood education centers. The absence of proper educational facilities makes it difficult for toddlers to receive formal education.
- **Financial Constraints:** Families living in slums often face financial constraints, which may prevent them from enrolling their toddlers in early childhood education programs. Limited financial resources can lead to a lack of access to educational materials, books, and toys that are essential for a child's development.
- **Limited Awareness:** Many families living in slums may not be aware of the importance of early childhood education or the available educational resources. They might prioritize immediate needs such as food, shelter, and employment, overlooking the significance of education for their toddlers.
- **Socio-cultural Factors:** Socio-cultural factors, such as traditional gender roles and early marriage practices, can contribute to limited educational opportunities for toddlers in slums. Gender bias, for example, may result in boys being prioritized over girls when it comes to education.
- **Health and Nutrition:** Poor health conditions and inadequate nutrition in slums can negatively impact a child's overall development, including cognitive abilities and readiness for education. Malnutrition and illness can hinder toddlers' ability to engage in learning activities.
- **Language Barriers:** In some cases, language barriers may exist between the language spoken in the slum community and the language of instruction used in formal education. This can create difficulties for toddlers in understanding and communicating effectively.

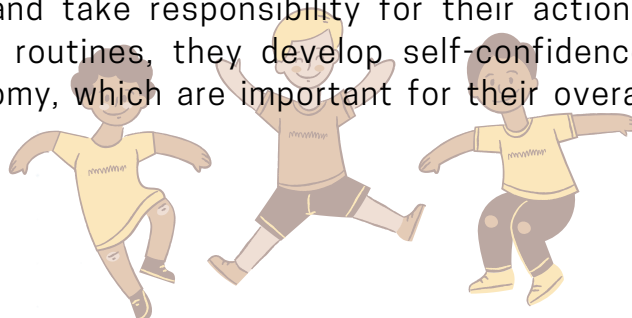
With a multi-faceted approach involving community support, and motivated team of CIWT members and volunteers, we have started our first play school initiative as "**Apna Chhota School (ACS)**" in deprived slums of Kirti Nagar, Delhi (Chunna Bhatti) for underprivileged toddlers. School is showing tremendous growth and we look forward to multiply these schools and open 20 more **ACSs** by 2025.



APNA CHHOTA SCHOOL

Kindergarten education plays a crucial role in a child's life, offering a range of benefits and meeting important developmental needs. Here are some key points highlighting the importance and needs of kindergarten education that are majorly focused and worked upon at **APNA CHHOTA SCHOOL (ACS)**:

- **Early Learning Foundation:** We provides a strong foundation for a child's future academic success. It focuses on essential skills such as language development, early literacy, numeracy, problem-solving, and social-emotional development. These foundational skills prepare children for higher levels of education.
- **Social and Emotional Development:** We provide a structured environment where children learn to interact with peers, develop friendships, and navigate social situations. They learn important skills like sharing, cooperation, empathy, and conflict resolution, which contribute to their emotional intelligence and overall social development.
- **Cognitive Development:** We stimulates cognitive growth through age-appropriate activities and experiences. Children engage in play-based learning that promotes critical thinking, creativity, curiosity, and problem-solving skills. They develop their abilities to reason, make connections, and explore the world around them.
- **Language and Communication Skills:** We foster language acquisition and communication skills. Children learn to express themselves verbally, listen actively, and comprehend spoken language. They develop vocabulary, grammar, and early reading and writing skills, laying the groundwork for literacy.
- **Motor Skills Development:** We provide opportunities for the development of fine motor skills (small muscle control) and gross motor skills (large muscle control). Activities such as drawing, cutting, painting, running, jumping, and playing on the playground help children enhance their physical coordination and dexterity.
- **Independence and Self-confidence:** Our team encourages children to become more independent, make choices, and take responsibility for their actions. Through age-appropriate tasks and routines, they develop self-confidence, self-reliance, and a sense of autonomy, which are important for their overall personal growth.





- **Cultural and Social Awareness:** Our Staff expose children to diverse cultures, traditions, and perspectives, fostering an appreciation for diversity and inclusivity. They learn about different customs, traditions, and celebrations, promoting respect, empathy, and tolerance towards others.
- **School Readiness:** We serves as a bridge between home and formal schooling. We familiarize children with the routines, structures, and expectations of a school environment, helping them transition smoothly into primary education. They learn classroom etiquette, following instructions, and develop a love for learning.

At **APNA CHHOTA SCHOOL**, education is child-centered, play-based, and designed to meet the developmental needs of each child. It should provide a safe, nurturing, and stimulating environment with qualified educators who understand child development principles. Collaboration between parents and educators is essential to support children's holistic development during their kindergarten years. By this initiative of ours, we make these deprived children competent enough and prepared for further schooling .

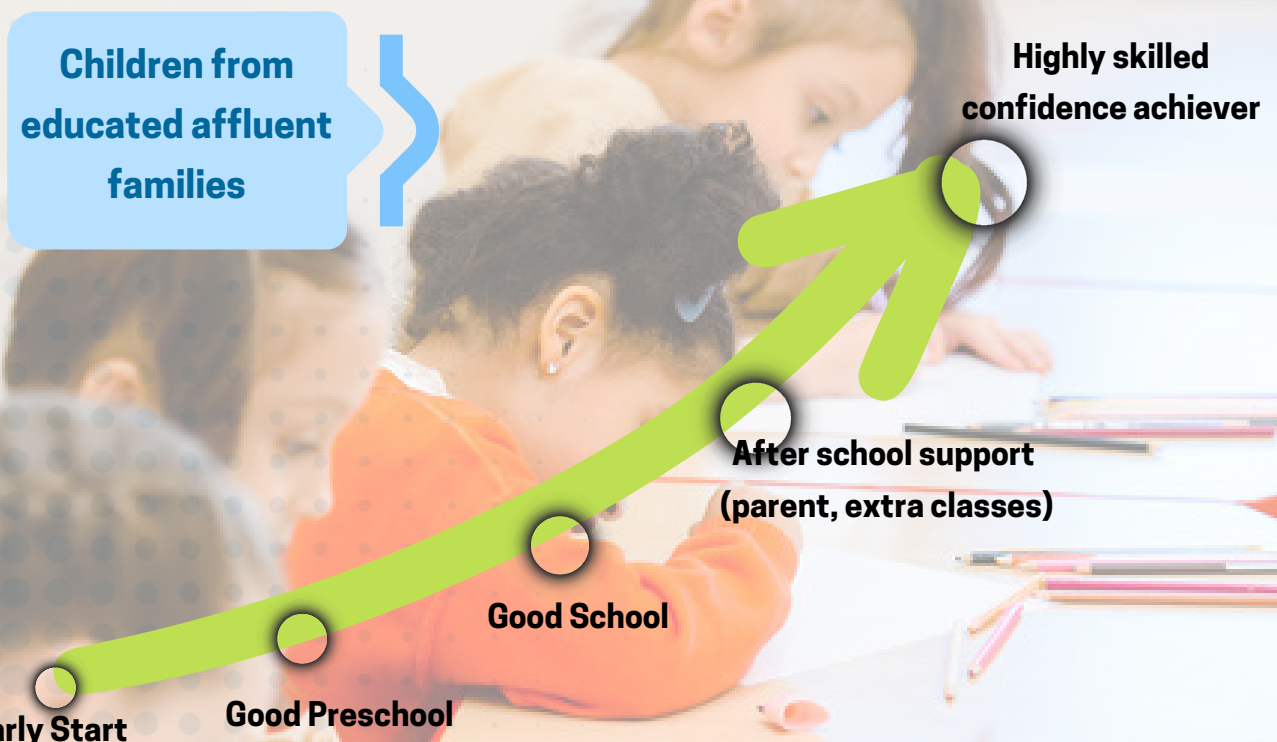
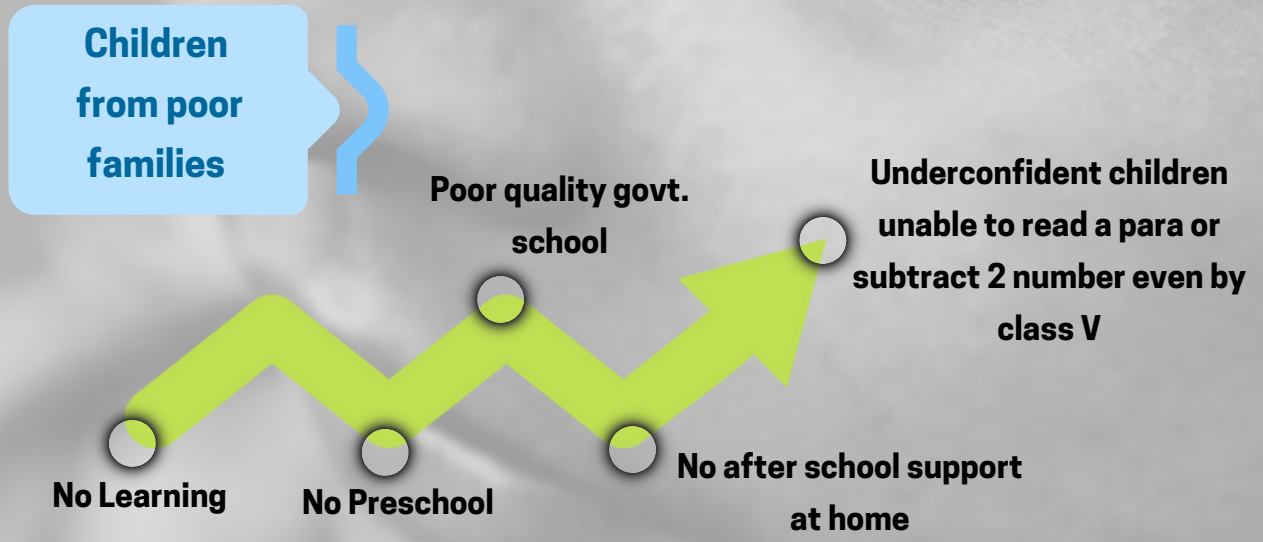


"TODDLER EDUCATION IN EVERY SLUM"



ACS believes, given the right opportunity

1. Every child has the capacity to attain proficiency in all essential subjects by acquiring the necessary skills.
2. Each child nurtures their unique talents, honing their skills in areas where they have the potential to excel. One child might demonstrate exceptional aptitude in mathematics, while another may showcase remarkable talent in the art of sculpting.
3. Equal opportunities, not just innate genius, hold the power to create meaningful impact in every child's life.



ACS provides Right input at Right Time

Age(Years)	0	1	2	3	4	5
Growth Phase	Pre- Primary Education					
Grade	Learning at home	Playgroup	Nursery	LKG & UKG		

In kindergarten classes - Nursery to UKG, children embark on a transformative learning journey. They develop essential cognitive, social, emotional, and physical skills that serve as building blocks for their future education. Overall, kindergarten classes during the nursery to UKG stages provide a nurturing environment that fosters holistic development, preparing children for the subsequent stages of their educational journey.

Age Group 0-2 Yrs

Learning at Home : Children learn through physical interaction and their primary source of learning is the input they receive at home.

Age Group 2-3 Yrs

Playgroup : In playgroups, children learn through structured play and imitation, which serves as essential learning mechanisms and develop critical language, motor skills, and socio-emotional abilities.

Age Group 3-4 Yrs

Nursery : Children learn valuable life skills, enhance their imagination through art and music, nurture creativity, learn through play-based learning, and interactive experiences, and develop a curious mindset.

Age Group 4-5 Yrs

LKG & UKG : They begin to acquire foundational literacy and numeracy skills, such as letter recognition, counting, and basic problem-solving.



ACS implements a comprehensive and multifaceted development curriculum specifically designed for kindergarten education, focusing on nurturing various aspects of a child's growth and development.

Pre Nursery : Our Playgroup module is designed for children between the age group of 1.8 years to 3 years. In Playgroup a child is involved in myriad of activities that focuses on fun learning through rhymes, story-telling, puppet play, character play etc.

Nursery : This module has been aptly designed for developmental requirements of children between the age group of 3 to 4 years. In Nursery, we continue to develop the six mentioned domains from previous years by introducing further complexity in hands on activities including coloring, tearing and pasting activities, rhymes, stories, character play and games etc.

Lower Kindergarten (LKG) : This module is designed for kids between the age group of 4-5 years. At the Nursery, the skills that had been honed in the Nursery module are allowed to go through experimenting with the next level of learning where pre-learnt concepts meet application in the LKG module.

Upper Kindergarten (UKG) : This module has been developed for children between the age group of 5-6 years. It caters to children who are in the last level of Pre-school education and ready to enter into formal schools. Our UKG curriculum allows children to employ their learning of alphabets, phonetics, numbers, logical reasoning that have been imbibed over the years into next level of learning in the form of sentence formation, advanced reading and writing activities, doing additions and subtractions, etc.

Toddler Schooling out comes in Children

- Nourishes learning abilities.
- Reduces separation anxiety.
- Increases growth.
- Social development.
- Independent choices.
- Building language skills.
- Building motor skills.
- Building cognitive skills.
- Boosts pre-literacy skills.
- Interacting with peers & teachers.



EDUCATION

The **Care India Welfare Trust** firmly upholds the belief that education stands as a paramount instrument for the empowerment of the girl child, transcending societal boundaries and thwarting gender-based discrimination. Bestowing foundational education upon girls serves as an unequivocal means to endow them with the capacity to forge judicious paths in their lives, thus enabling them to rightfully claim their positions within society. Through its four centers, **Care India Welfare Trust** has been zealously imparting education to young girls aged 6 to 14, nestled in the slums of Delhi, Kolkata, and Uttar Pradesh. In the course of a year, the NGO has successfully nurtured **1,946** young minds, equipping them with essential skills to blossom into future leaders who play indispensable roles in the nation's progress and prosperity.

OUR INITIATIVES

1. *Beti Bachao Beti Padhao*
2. *Remedial Education Program*
3. *Computer Training Program*



1. *Beti Bachao Beti Padhao*

In the year 2013, the visionary initiative known as Project "**BETI BACHAO BETI PADHAO**" was launched with the noble objective of uplifting girl children living in challenging circumstances by offering them a pathway to a brighter future through education. Presently, this remarkable undertaking has taken root in two cities across India. In each of these cities, the *Care India Welfare Trust* has been ardently engaging with a specific cohort of disadvantaged girl children, providing them with a supportive environment to flourish.

The outcomes of this project have been truly commendable, as it has achieved a notable surge in enrollment, retention, and proficiency levels in core subjects like Reading, Writing, and Arithmetic among these young girls. Consequently, their educational performances have markedly improved, and the fear of attending school has become a thing of the past.

Thanks to the comprehensive development efforts, these children have undergone a remarkable transformation, becoming well-informed, self-aware, confident, and eloquent individuals. Their discipline and profound appreciation for education have led them to harbor ambitious aspirations for their future.

Remarkably, the positive impact of Project *BETI BACHAO BETI PADHAO* extends beyond the girl children themselves. Parents and teachers have experienced a significant shift in their mindsets, transitioning from derision to active support for these girls' aspirations. An increasing number of parents now devise plans to ensure their daughters' uninterrupted education, thus fostering a more inclusive and enlightened society.





OUR INFLUENCE

Under the aegis of "Beti Bachao Beti Padhao," We

"Empowered 353 young girls through education.

Extended stationery support to 2152 girls, and

Granted financial assistance to 75 deserving individuals."



2. Remedial Education Program

The project endeavors to uplift underprivileged children requiring special care and support, ensuring their holistic development and academic progress.

By actively identifying and engaging with children who are currently out of school or have dropped out, the project collaborates with parents to enroll them in nearby government schools. Many of these children were previously engaged in income-generating activities such as rag-picking, shoe polishing, petty vending, domestic labor, and even begging. Our comprehensive approach includes assisting them with their homework, supporting their academic progress, bridging learning gaps in comparison to their peers, and motivating them to attend school regularly.

With boundless enthusiasm, the Care India Welfare Trust is fervently dedicated to fostering the all-encompassing growth of children through a dynamic enhancement of their reading, writing, and mathematical prowess. Unwaveringly committed to this noble mission, the NGO offers a plethora of invaluable resources to these young minds, including free teaching, learning support, remedial coaching, daycare services, engaging recreational activities, essential stationery, and comprehensive health and hygiene training.

"This fiscal year, we have successfully enrolled **35** children in schools and provided remedial education to **160** others."



Not content with merely elevating academic skills, the NGO is driven to combat the dropout menace that plagues these children by actively engaging with parents, society, and the children themselves. At our remedial centers, we take pride in presenting a distinctive study material section, where children are granted access to enthralling storybooks and informative newspapers. The delightful process involves reading and absorbing knowledge, after which they express their newfound wisdom through meticulously crafted notes, instilling invaluable life lessons to follow ardently. This inspiring endeavor seeks to leave an indelible mark on their lives, empowering them to embrace learning with unfaltering zeal.

OUR INFLUENCE

A remarkable feat achieved by the organization was enrolling **35** children, who had previously dropped out, into government schools.

Furthermore, the initiative of providing remedial education has enabled **160** children to benefit from tuition classes.

3,300 children received the warmth and comfort of woolen clothes, thanks with our winter compassionate efforts.



3. Computer Training Program

Amidst the burgeoning demand for Computer-Savvy professionals across the world, we have embarked on a visionary computer education project as an integral part of our **Skills Development Initiative**.

Care India Welfare Trust has astutely recognized the imperative for computer training among the educated unemployed youth. Our selection process focuses on impoverished individuals from rural villages and urban slums, prioritizing those whose family income hovers below the poverty line, thus qualifying them for the program.

In the current fiscal year, we have meticulously handpicked **170** deserving and impoverished youth, imparting them with a comprehensive **4-month Software Training Course**. The curriculum covers vital subjects like Computer Fundamentals, MS Office, DTP, Internet Concepts, and Soft Skills, all geared towards fostering job-oriented expertise and creating sustainable livelihoods and employment prospects. Additionally, we extend the privilege of providing free study material to all trainees during the training period.

The remarkable results of our efforts are evident as we have successfully trained and empowered **680** young individuals, including girls, culminating in employment opportunities for **75** of them. Moreover, we have further aided **8** ambitious youth in securing loans from banks and other financial institutions to initiate their own entrepreneurial ventures.



Our dedication to job placement is exemplified by partnering with private Limited sectors in Kirti Nagar, facilitating placements for course participants. A substantial number of **32** young talents have already grasped opportunities to work in various shops, thus commencing their journeys towards a prosperous future. Upon completion of the computer course, participants are bestowed with well-deserved certificates, acknowledging their achievements and bolstering their potential in the professional realm.



OUR INFLUENCE

A remarkable total of **680** children have been proudly awarded computer course certificates, attesting to their commendable achievements and proficiency in the field.



In addition, an impressive number of **144** children have indirectly benefited from this transformative program, reaping the rewards of enhanced skills and knowledge.



Furthermore, the project has opened doors for **107** participants, affording them valuable job opportunities, where they are now flourishing and earning in various esteemed organizations.

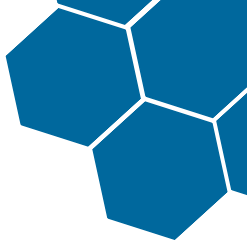
HEALTH & WELLNESS

In an impressive feat, this year's **Health & Wellness Program** extended its benevolent reach beyond the slums of Delhi, encompassing the regions of Uttar Pradesh and Kolkata. As part of our holistic approach, we rendered free health services, while concurrently raising awareness about diverse health-related ailments. Our dedicated efforts operate at individual, community, and systemic levels, crafting innovative solutions and executing top-notch health services to foster overall well-being.

OUR INITIATIVES

1. *Health Check up Camps*
2. *Eye Check up Camps*
3. *Dental Check up camps*
4. *Health Awareness Camps*





1. Health Check up Camps

Our **Health Camps** are meticulously designed to deliver healthcare services to the marginalized communities residing in remote rural areas and slums through independent camps. These camps are executed in collaboration with crucial community stakeholders, government health departments, and specialized doctors such as **Gynecologists, Pediatrics, Ophthalmologists, Dentists, and General Physicians.**

Tailored to suit the specific needs of different communities, these health camps can vary in duration from one-day specialized events to more extensive 5-10 day intensive initiatives.

In total, the Health Camps have successfully reached out to over **11000** individuals residing in various slum areas. Among the beneficiaries, women and children constituted an impressive 62% of the total count. Our Health Camps, conducted in Delhi, Kolkata, Bihar, and Uttar Pradesh, specifically targeted daily wage laborers and their families, benefiting a total of **5,556** individuals. The camps provided an array of cost-free services, including thorough health check-ups conducted by medical professionals, distribution of medicines, and facilitation of pathological tests.



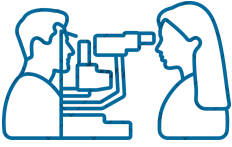
OUR INFLUENCE

During the course of this fiscal year, we orchestrated a total of **18 Health camps**, wherein we diligently distributed complimentary medicines and rendered expert counsel pertaining to chronic illnesses, culminating in an impressive uptake of **5,556** individuals who availed themselves of the invaluable opportunity for complimentary check-ups.





OUR INFLUENCE

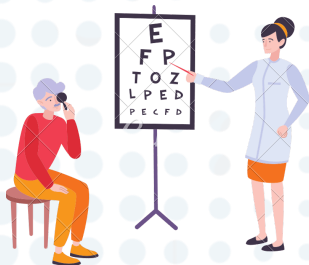


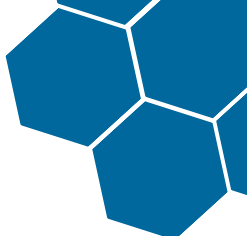
During the course of this fiscal year, we orchestrated **11** commendable **Eye Check-up camps**, providing an invaluable opportunity for **2,192** individuals to avail themselves of free comprehensive assessments.



Our impactful efforts extended even further, as we distributed essential spectacles to **385** visually impaired individuals, empowering them with clearer vision.

In addition, recognizing the gravity of specific cases, we thoughtfully referred **48** individuals to a prestigious eye hospital, where they underwent vital eye surgeries, thus fostering a brighter future for them.





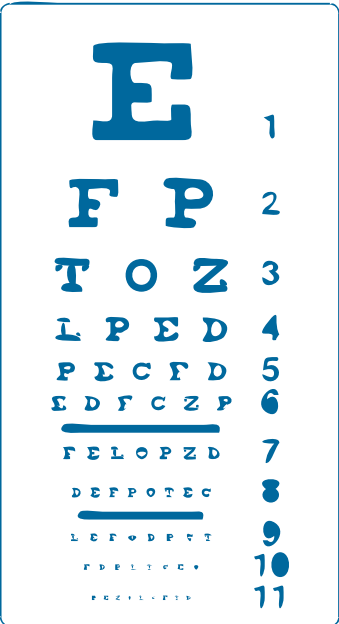
2. Eye Check up Camps

The significance of ocular health cannot be overstated, as our eyes serve as vital conduits through which we perceive and comprehend the world around us. Regrettably, certain eye ailments can lead to visual impairment, affecting the lives of impoverished laborers dwelling in slum areas. Compelled by their dire economic circumstances, accessing eye treatment becomes an arduous endeavor for these individuals. In response, we have orchestrated **11 Meticulous Eye Check-up Camps** during this financial year, aimed at rendering comprehensive healthcare solutions to our beneficiaries.

Through these camps, we have provided attentive care to a total of **2,192** individuals, granting **385** of them the gift of spectacles, entirely free of charge, tailored to their unique preferences. Additionally, **48** participants received referrals to esteemed eye hospitals, where they underwent crucial eye surgeries.

Our commitment to enhancing awareness extends beyond mere check-ups, as we have conscientiously imparted knowledge about free medications, complimentary spectacles, and essential eye care guidelines to all attendees.

The transformative impact of these camps is undeniable; they will undoubtedly instigate a profound behavioral shift among the participants, compelling them to proactively adopt preventive measures to safeguard their precious eye health.



3. Health Awareness Camp

A paramount facet of human existence revolves around the preservation of good health. In this pursuit, access to health information assumes pivotal significance, as it enables individuals to safeguard their well-being, avert maladies, and make informed healthcare choices. However, the abundance of health-related information accessible today poses a challenge in navigating through the vast sea of knowledge to pinpoint reliable, relevant sources and sidestep misinformation.

In a resolute effort to address this vital concern, we embarked on **Health Awareness Campaigns** this year, encompassing **5** schools and **45** rural areas. Our mission entailed disseminating crucial knowledge pertaining to hygiene practices, emphasizing the significance of regular handwashing, healthy dietary and exercise habits, as well as the value of engaging in sports to safeguard against illness.

Additionally, we delved into a myriad of other vital subjects, including brain health, health interventions, human behavior, air pollution, alcoholism, physical interventions, communicable diseases, cancer, heart disease, chikungunya, child development, environmental health of children, coronavirus disease, dengue, depression, diabetes, disability, injuries, eye care, vision loss and blindness, food security, health security, HIV/AIDS, malaria, women's health, and emergency care. Through this comprehensive approach, we aim to equip individuals with the knowledge necessary to lead healthy and fulfilling lives.

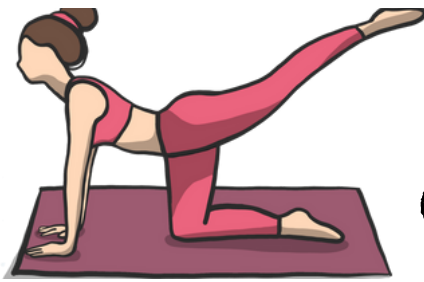


OUR INFLUENCE

A staggering number of **26,022** individuals were effectively enlightened on crucial health matters, underscoring our commitment to fostering a well-informed and healthier community.



A staggering number of **26,022** individuals were effectively enlightened on crucial health matters, underscoring our commitment to fostering a well-informed and healthier community.



Stay Active





SUSTENANCE



The essence of livelihood lies in its potential to lift individuals out of poverty and fulfill the fundamental necessities of life. Our **Vocational Training Centre**, inaugurated in 2013, bears a noble purpose: to bestow both **Skills and Confidence** upon women and youths hailing from economically deprived backgrounds, thus paving the way towards their economic and social autonomy.



A comprehensive **3-month training program** caters to women hailing from financially constrained families. Empowering them to choose among trades like **Tailoring, Beautician work, and Computer skills**, this daily training regimen is conducted by seasoned instructors. Upon successful completion, the trainees receive certifications from a recognized government body, solidifying their competence.



In the **Sewing Skills Program**, during the year 2022-23, we enlisted **660** women. Meticulously handpicking a group of 15 to 25 women from marginalized communities, we imparted intensive and tailored training in cutting, stitching, and embroidery over a period of 90 days. Once equipped, each woman is gifted with a double sewing machine, enabling them to work from home and generate a sustainable income for themselves.



Similarly, in the **Beautician Training Program**, we conducted a three-month course for women during the same year, enrolling **393** women. The comprehensive curriculum encompassed skills such as Manicure, Pedicure, Skin Care, Facials, Hair Styling, and Makeup, among others. Notably, this initiative led to **75** women securing jobs, while others embarked on the entrepreneurial path by opening beauty parlors within the confines of their homes.



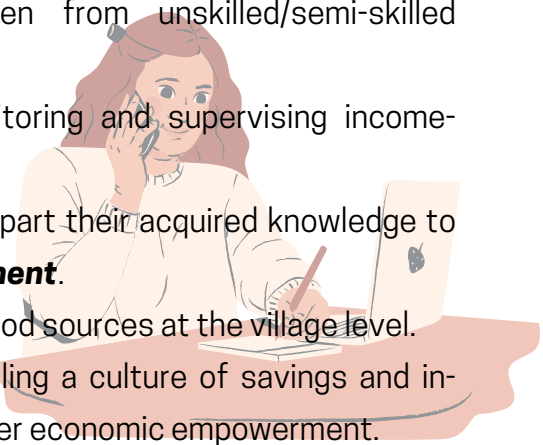
♀ women ♀
empowerment

Empowered
Women
Empower
Women



OUR INTENT

- **Empower and transform** rural underprivileged women from unskilled/semi-skilled backgrounds into proficient and adept workers.
- Deliver comprehensive **skill-based training**, closely monitoring and supervising income-generating activities to ensure sustainable livelihoods.
- Foster women's capacity to seize **Job opportunities** and impart their acquired knowledge to fellow women, fostering a **self-sustaining cycle of empowerment**.
- Mitigate migration pressures and establish alternative livelihood sources at the village level.
- **Cultivate and fortify women's financial acumen** by instilling a culture of savings and in-depth financial education, reinforcing credit discipline for greater economic empowerment.



OUR INNOVATIVE PARADIGM

In addition to offering training in tailoring and beautician skills, we impart comprehensive education in **Entrepreneurship Development, personality enhancement, small business accounting, financial literacy, soft skills, and health & hygiene**. This empowering approach equips these women entrepreneurs to operate with enhanced **Efficiency and Sustainability**.

Following their training, these women are afforded exposure visits to renowned factories or esteemed Beauty Parlors where numerous women thrive in their work. Such experiences foster encouragement and instill a resolute mindset to excel further.

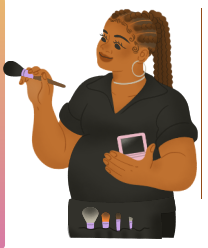


“ A total of **30** women were graciously bestowed with double sewing machines, ushering in a promising avenue for their creative pursuits. ”

“ Empowering the lives of **125** women, this initiative led to their successful attainment of self-employment. ”



“ In an inspiring triumph, **75** women found meaningful employment through the esteemed Beautician Project. ”



“ **15** enterprising women took the bold step of establishing home-based beauty parlors, embodying their entrepreneurial spirit. ”

“ Transformative BPO Training Project empowered **95** youths with rewarding job opportunities, paving the way for a brighter future. ”

OUR INFLUENCE

WOMEN EMPOWERMENT

WOMEN'S RIGHTS
ARE HUMAN RIGHTS!

Women empowerment encompasses the transformative endeavor of bestowing autonomy upon women, enabling them to navigate their lives unhindered by familial or societal constraints. In essence, it grants women the agency to shape their personal growth. Given the historical oppression prevailing in patriarchal societies, the central objective of women empowerment is to uplift them to an equal standing with men. This pivotal stride ensures the prosperity of families and nations alike. By championing women's empowerment, the world shall witness the realization of gender equality, empowering women from all societal strata to assert their wishes and carve their own destinies.

ENHANCEMENT OF WOMEN'S ECONOMIC AND SOCIAL EMPOWERMENT

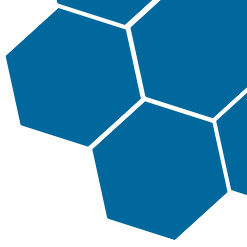
In pursuit of granting them a befitting and esteemed status within society, we have initiated diverse programs encompassing **Cutting and Tailoring courses, Beautician training courses, and Awareness Campaigns Advocating Women's Rights**. These endeavors serve as a sturdy bedrock for nurturing the self-assurance, inner fortitude, and ingenuity of women hailing from varied backgrounds. Thus, empowering them to confidently confront any adversity in the world, their skills, self-assurance, and grace empower them to emerge as catalysts of harmony and transformative social progress for their families, fellow women, and the broader society.

OUR INITIATIVES

1. *Cutting and Tailoring Program*
2. *Beautician Training Program*



Empower
Women



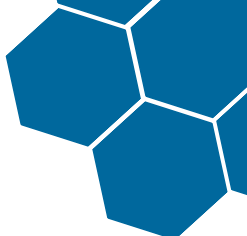
1. Cutting and Tailoring Program

In the contemporary realm of fashion, possessing expertise in **Cutting and Sewing** proves exceedingly vital for every woman and homemaker. Such proficiency not only enables substantial monetary savings but also grants the freedom to don clothes of personal preference. The accumulation of necessary sewing materials is imperative, and commercial tailoring knowledge is also made available. Notably, the prospects for employment in this domain are remarkably high.

The primary objective of this concise program centers on comprehending machine components, obtaining accurate body measurements, and acquiring the skills to create full-scale patterns for adult women and men's attire, ultimately leading to garment construction. Successful completion of this short-term course opens doors to possibilities like establishing one's own boutique or design studio, working as a Pattern Master, or excelling as a tailor in production houses.

Through a thorough baseline survey, **Care India Welfare Trust** diligently assesses the present state of the community, identifying promising and eager women for the tailoring classes.





OUR PROGRAM ENABLES THE LEARNER TO

- Mastery in identifying various types of basic (temporary and permanent) and ornamental sutures.
- Thoroughly and systematically measure body dimensions (length, breadth, and circumference) with utmost precaution.
- Exercise vigilance in using the machine and promptly resolve any malfunctions.
- Demonstrate skill in controlling fullness through techniques like Darts, Pleats, and Gathers.
- Expertly craft diverse seams utilizing Bias, Piping, Facing, and Placket methods.
- Skillfully create hook and eye closures and proficiently attach buttons, buttonholes, and more.
- Adeptly select garments and harmonious color combinations based on age, tradition, occupation, and personality.
- Adhere meticulously to guidelines for pattern making, layout, and precise fabric estimation.



This year, a commendable enrollment of **441** women and **219** girls was achieved based on the survey's findings.



Among them, **103** women and **22** girls achieved self-employment, empowering them to become financially independent.



30 women were thoughtfully equipped with double sewing machines, facilitating their journey towards self-sufficiency and growth.



OUR INFLUENCE



2. Beautician Training Program



Beauty culture holds profound significance beyond mere work, as an attractive appearance has become a prerequisite for advancement in life. Training in Beauty Culture & Hair Dressing not only enhances personal grooming but also opens up promising career prospects. The theoretical and practical training offered to girls in beauty culture empowers them to establish themselves in this domain. With an increasing focus on beauty, health, and fashion, women are more conscious of their body build and hair styling, crucial aspects of personality development. Consequently, the demand for beauty parlors offering services of skilled beauticians has surged, presenting numerous opportunities in this field.

For those aspiring to become beauticians, beautician courses offer an ideal path to pursue. The job market offers a wide array of profiles for beauticians, beyond makeup and hairstyling, thus providing exceptional avenues for **career growth**.

The **Beauty Training Program**, in operation since 2013, spans six months and has seen **76** girls and **317** women enroll this year. Comprehensive practical techniques, including manicure, pedicure, skincare, facials, hair styling, and makeup, are imparted. The positive outcomes are evident, with **75** women securing jobs and **15** women venturing to open their own beauty parlors.



OUR PROGRAM ENABLES THE LEARNER TO

Render services involving manicures and pedicures, indulging in beauty therapy and make-up, managing hair beauty and make-up endeavors, cordially greeting arriving customers, utilizing hair removal techniques, providing expert advice on the most suitable haircuts for clients' appearances, applying hair products, and offering adept guidance on face and hair concerns to clients, **Enabling them to become professional experts at Beauty Services.**

Notably, a commendable **75** women secured gainful employment through this specialized training program.

Remarkably, **15** women have embarked on the journey of entrepreneurship by establishing their own beauty parlors.

Amidst the current year, a notable accomplishment was witnessed as **76** young girls and **317** women were successfully enrolled.

OUR INFLUENCE

OUR CRUSADE

The **CARE INDIA WELFARE TRUST** firmly upholds the conviction that our nation's intricate challenges necessitate collective efforts from the government, civil society, individuals, and corporations. Embracing a comprehensive, inclusive approach that welcomes diverse partnerships has become imperative to avert setbacks and significantly enhance the prospects of success.

Presented herewith are quintessential methods by which your immediate participation can be elicited from the moment you wish to begin the change

1. Medicinal Plantation Drive

2. Old Age Health Care and Recreational activities

3. Swachh Bharat Abhiyan

4. Swachh Dana Pani

5. Red Dot Campaign



1. Medicinal Plantation Drive



Throughout ancient history, the utilization of medicinal plants in healthcare has prevailed, sparking extensive global studies to validate their efficacy, leading to the creation of plant-based medicines. This practice, known as **Alternative Medicine (AM)**, has thrived in diverse cultures, notably in Asian and Western societies. Despite its long-standing heritage, the prevailing perception amongst many individuals today is that only dosage-form medicines, such as tablets or capsules, are reliable and effective.

In times of yore, our wise ancestors harnessed the power of plants and herbs not only to enhance the flavor of food but also to alleviate pain, address headaches, and even ward off diseases, including epidemics. The knowledge of these healing properties has been preserved and exchanged across human communities for generations.

In 2022-23 **Care India Welfare Trust** embarked on a remarkable mission, engaging in a medicinal tree plantation drive. A total of **3630** saplings were thoughtfully planted, while simultaneously educating people about the potency of medicinal plants. As various countries witness a surge in ailments such as **diabetes, diarrhea, cancer, arthritis, swelling, jaundice, liver obstruction, pain, cold, and cough, the importance of medicinal plant remedies becomes increasingly evident**. The abundance of raw material provided by these plants further supports the pharmaceutical industries in crafting vital drugs.

While the conservation of medicinal plants is crucial, equally vital is the protection and patenting of traditional knowledge surrounding their use. This comprehensive approach will undoubtedly contribute to the preservation and advancement of AM, fostering a healthier and more **Sustainable Future**.

The significance of certain herbs lies in their inherent medicinal properties and their consequential therapeutic benefits.

- A diverse array of herbs, including **black pepper, cinnamon, myrrh, aloe, sandalwood, ginseng, red clover, burdock, bayberry, and safflower**, boasts potent wound-healing properties, effectively addressing sores and boils.
- Within the realm of medicinal herbs, the likes of **Basil, Fennel, Chives, Cilantro, Apple Mint, Thyme, Golden Oregano, Variegated Lemon Balm, Rosemary, and Variegated Sage** hold paramount significance and can be cultivated in a kitchen garden. Besides their ease of cultivation, these herbs offer delightful aesthetics, exquisite taste, and enticing fragrances, alluring bees and butterflies as a delightful bonus.
- Numerous herbs function as efficacious **blood purifiers**, effecting transformative changes in persistent conditions by eliminating metabolic toxins—these are often referred to as **'blood cleansers'**. Additionally, certain herbs bolster the individual's **immunity**, effectively mitigating conditions such as **fever**.
- Notably, select herbs also showcase impressive **antibiotic properties**, with **Turmeric** standing out for its ability to hinder the proliferation of harmful germs, microbes, and bacteria. Its reputation as a home remedy for healing cuts and wounds further underscores its therapeutic value.

OUR INTENT

- To engender societal consciousness regarding the vital significance of tree cultivation and preservation.
- To advocate for environmental principles and **Corporate Social Responsibility**.
- To foster awareness among students and individuals about the criticality of afforestation and reviving desolate and deteriorated terrain.
- To aid in the restoration of nature's intrinsic allure and elemental integrity to the Earth.



2. Old Age Health Care

The global observance of Senior Citizen Day falls on the **21st of August**, serving as a poignant reminder of the significance of upholding the **well-being and dignity of the elderly**. As the human body undergoes the natural process of aging, it becomes increasingly susceptible to various medical conditions. Although aging itself cannot be halted, we can strive to acquire the knowledge and skills necessary to effectively address the challenges that may arise, ensuring the optimal health and care for our beloved elders. We at **Care India Welfare Trust**, cherish numerous recreational activities with our beloved elderlies.



OUR INTENT

The primary objective of this project revolves around efficaciously administering healthcare provisions for the elderly populace, thereby facilitating their secure and autonomous living.

THE BARRIER

Per nationwide surveys pertaining to Indian senior citizens, primary concerns arise from the **exorbitant healthcare expenses, inadequate financial support, and profound sense of isolation experienced by the elderly**. Adding to their plight, older individuals are often deprived of the dignified care they rightfully deserve. Hence, the present-day imperative lies in prioritizing the **well-being of the elderly**. The challenges in their twilight years encompass **diverse physical, mental, social, and economic tribulations**, rendering them reliant on varying forms of assistance. While some necessitate medical aid, others require financial sustenance. Regrettably, certain offspring even resort to coercively expelling their parents from their homes, leaving the elderly bereft and dependent, even for their sustenance.



Amidst the arduous task of catering to the elderly populace, **Care India Welfare Trust** orchestrated **health camps** as part of the old age health care program. These carefully crafted endeavors encompassed the distribution of **free medicines to senior citizens**, coupled with health awareness sessions conducted by proficient medical experts. We extended its health care programs to embrace **12 villages and towns** across Uttar Pradesh, Delhi, Bihar, and Kolkata.

Within this ambit, a total of **378** elderly citizens were benevolently bestowed with essential medications, while **660** individuals were enlightened on matters of health by our esteemed doctors. These venerable members of society were dutifully apprised of the **government's pension schemes and health initiatives**, further empowering them to avail themselves of the benefits.

Infusing joy into the lives of more than **297** elders, the NGO celebrated their birthdays, leaving warm smiles of gratitude in its wake. Moreover, the year witnessed the inception of **yoga classes, conducted thrice a week at our Vocational Center in Kirti Nagar**, offering them a means to safeguard their well-being through this ancient practice.

Confronting the harsh realities of **financial hardships** faced by some elders, Care India Welfare Trust extended a compassionate helping hand, offering **financial assistance to 55 such individuals**, thus providing a glimmer of hope amidst their struggles.

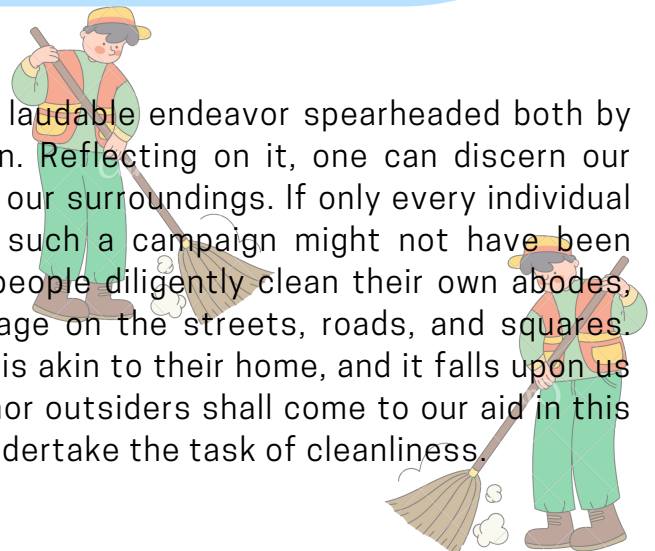
Through the invaluable support extended to us, we undertake the mentioned endeavors.



3. Swachh Bharat Abhiyan



The **Swachh Bharat Abhiyan** stands as a laudable endeavor spearheaded both by the nation and our non-profit organization. Reflecting on it, one can discern our moral obligation to maintain cleanliness in our surroundings. If only every individual were conscious of their responsibilities, such a campaign might not have been necessary. It is disheartening that while people diligently clean their own abodes, they carelessly dispose of filth and garbage on the streets, roads, and squares. They fail to realize that the entire country is akin to their home, and it falls upon us to keep it immaculate. Neither neighbors nor outsiders shall come to our aid in this endeavor; the onus rests solely on us to undertake the task of cleanliness.



IMPERATIVE FOR THE "**CLEAN INDIA CAMPAIGN**"



- The imperative lies in **Universalizing household toilets**, while simultaneously eradicating the practice of open defecation. This entails fostering a transformation in people's perspectives and behaviors concerning personal well-being and sanitation practices.
- The vision is to foster global awareness among rural inhabitants, forging essential linkages between the **general populace and health initiatives**.
- Furthermore, a key objective is to augment private sector involvement in the **advancement of sanitation infrastructure**, with the ultimate aim of enhancing the overall quality of life in rural regions.
- In pursuit of these ambitions, communities and local governance bodies must be sensitized through **health education, fostering an enduring commitment to cleanliness**.
- Ultimately, the aspiration is to make India a pristine and verdant haven.

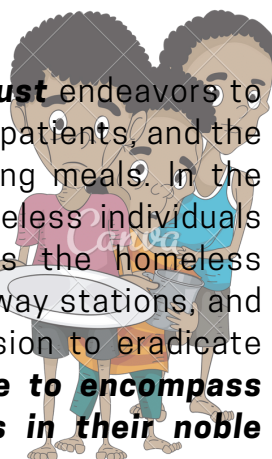
Amidst the noble endeavor of the **Swachh Bharat Abhiyan**, the **Care India Welfare Trust** orchestrated an extensive **cleanliness drive, encompassing over 105 diverse locations, including parks, societies, streets, schools, bus stands, railway stations**, and more. This uplifting initiative succeeded in inspiring an impressive multitude of **16,183** individuals to take responsibility for maintaining a pristine environment and an immaculate society.

Moreover, we tirelessly endeavored to raise awareness among both rural and urban communities, emphatically **discouraging open defecation**, a perilous practice contributing to the tragic loss of thousands of innocent lives, particularly children, each year.



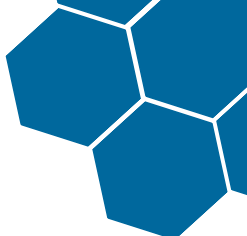
4. Hunger Free Revolution

As a part of the **"Zero Hunger"** initiative, **Care India Welfare Trust** endeavors to alleviate the plight of destitute elderly, women, children, leprosy patients, and the disabled living on the streets by providing them with nourishing meals. In the current fiscal year, an impressive tally of **34,303** hungry homeless individuals were compassionately fed. This initiative specifically targets the homeless population found in various public spaces such as highways, railway stations, and bus stops across India. The NGO remains steadfast in its mission to eradicate **hunger, malnutrition, and food wastage, extending its care to encompass abandoned senior citizens and struggling migrant workers in their noble pursuit of a hunger-free society.**



THE BARRIER

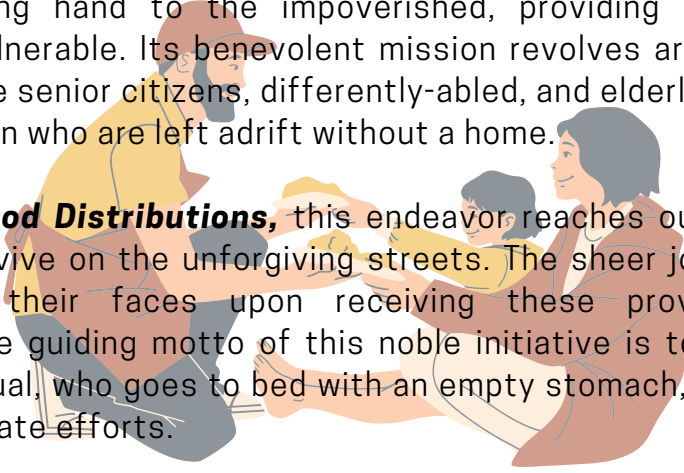
The primary predicament confronted by the homeless population in India lies in the unavailability of accessible shelters. Among them, migrants, daily wage laborers, and waste pickers, a significant number are either homeless or too impoverished to afford even a basic meal. The vast majority of the estimated 4 million plus homeless individuals in India struggle to find means of livelihood, with empty streets leaving them devoid of any begging opportunities. Consequently, many drift aimlessly, while a fortunate few seek respite in homeless shelters, where they sleep together in crowded ranks. The destitute and homeless endure untold suffering due to **Acute Starvation.**



OUR COGITATIVE SUBSTITUTE

In awe-inspiring pursuit of eradicating hunger in India, this remarkable project extends a helping hand to the impoverished, providing sustenance to the homeless and vulnerable. Its benevolent mission revolves around nourishing not only the destitute senior citizens, differently-abled, and elderly but also embraces the street children who are left adrift without a home.

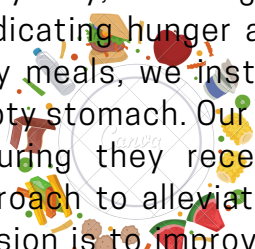
Through **Daily Food Distributions**, this endeavor reaches out to those families struggling to survive on the unforgiving streets. The sheer joy and contentment that illuminate their faces upon receiving these provisions are simply indescribable. The guiding motto of this noble initiative is to ensure that every homeless individual, who goes to bed with an empty stomach, finds relief through their compassionate efforts.



With a resolute determination to thwart the **pandemic of hunger**, this project stands united in its goal of preventing the agonizing grip of deprivation and offering hope to those in dire need.

OUR INFLUENCE

Every day, we diligently provide **Nourishment to the homeless**, effectively eradicating hunger among families dwelling on the streets. By assuring them of daily meals, we instill confidence and eradicate the fear of going to bed on an empty stomach. Our efforts have significantly impacted the lives of the homeless, ensuring they receive a **wholesome meal**, thereby implementing a holistic approach to alleviate **hunger in the elderly, impoverished, and destitute**. Our mission is to improve overall health, bridge inequalities, and achieve sustainable eradication of hunger by distributing nutritious food to those in need.



5. Red Dot Campaign

In September 2022, the **Red Dot campaign** was officially initiated, comprising two distinct parts. The first aims to promote awareness regarding proper sanitary waste disposal methods, while the second endeavors to offer **Free Sanitary Napkins to women** who rely on menstrual cloth. Notably, the escalating issue of sanitary waste poses a significant challenge in India.

IS ONE'S WELL-BEING AND STANDING IN JEOPARDY?

Each day, scavengers diligently sort through refuse, leaving them vulnerable to a multitude of diseases like **staphylococcus, hepatitis, E. coli, salmonella, and typhoid**. Handling people's waste daily takes a toll on their health and well-being. Many **Sanitation workers** even lose their appetite due to the nature of their work. The waste they encounter not only poses risks to their health but also diminishes the **dignity of their labor**.



The addition of a mere red dot on your menstrual waste can profoundly impact the life of a sanitation worker.

Through its compelling campaign, the **Care India Welfare Trust** educates women waste pickers about the harmful consequences of handling unsegregated waste on a daily basis, which exposes them to various diseases. We all cherish clean surroundings and hygienic practices, from meal preparation to consumption. However, the waste pickers face an arduous reality, dealing with such waste regularly. In the year **2022-23**, we sensitized an impressive **48,604 women across 24 villages, towns, and 4 cities about proper sanitary waste disposal methods. Moreover, we provided these women with essential sanitary napkins.** To facilitate efficient waste management, we encouraged residents to wrap their used **Sanitary Pads and Diapers** in paper marked with a red dot, aiding sanitation workers in easy identification and **appropriate treatment of sanitary waste.**





CAPTIVATING OVERVIEW OF THE YEAR 2022-23.

Behold, these are mere glimpses of our illustrious endeavors from the past year, woven together through



Our Transformative Campaigns

And our Engaging Activities.

Our Impactful Programs

*Women Recreational Activities
Birthday Celebrations
Yoga Programs
Food Distributions
Crafts & Art Competitions*



CAPTIVATING OVERVIEW OF THE YEAR 2022-23.

Sustainability Awareness Campaigns
National Flag Hosting
Festivities with the Deprived
Swachhta Drives
Henna Competitions
Classroom Sessions



*"The best way to find yourself is to lose
yourself in the service of others." -
Mahatma Gandhi*





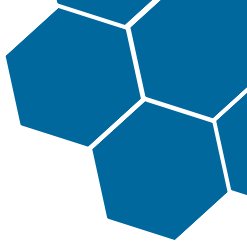
CAPTIVATING OVERVIEW OF THE YEAR 2022-23.

Health Awareness Events
Recreational Events in marginalized areas
Tree Plantation Drives with kids
Festival Celebrations in Slums
Drawing Competitions



"The best time to plant a tree was 20 years ago. The second best time is now."





CAPTIVATING OVERVIEW OF THE YEAR 2022-23.

Apna Chhota School

Kindergarten Activities

Deprived toddlers Playing & Learning

Toddlers Learning through Play imitation

Festivities with Toddlers in slum



*"Children are
not things to be molded but
are people to be unfolded."
- Jess Lair*



OUR FINANCIALS

We extend our **Heartfelt Gratitude to all our esteemed donors and esteemed partner organizations**, whose unwavering support has furnished us with the indispensable means to propel our endeavors forward. The concerted efforts of our finance teams have been instrumental in refining procedures and methodologies, thereby augmenting overall efficacy and productivity to unprecedented heights.

CARE INDIA WELFARE TRUST
Balance Sheet as at 31 March, 2023

Particulars	Note No.	Amount in Rs.	
		As at 31 March, 2023	As at 31 March, 2022
A. SOURCES OF FUNDS			
Capital Funds			
Corpus Funds		1,100	1,100
Researve Fund		1,044,156	1,183,060
Current Liability & Provisions			
Sundry Creditors for Expenses	1	472,264	83,000
TOTAL		1,517,520	1,267,160
B. APPLICATION OF FUNDS			
Fixed Assets			
Total Fixed Assets (Net of Depreciation)		57,964	65,662
Balance with Bank		1,271,435	719,386
Cash in Hand		58,607	375,398
Loan & Advance		129,514	106,714
TOTAL		1,517,520	1,267,160

Notes forming part of Financial Statement

As per our report of even date.

For G Kumar & Associates

Chartered Accountants

FRN - 036386N

Gaurav Kumar

Gaurav Kumar, FCA

Proprietor

M. No. 545779

Place: New Delhi

Date: 26-04-2023

UDIN: 23545779 BGPVCM8093



For and on behalf of board of trustees

Care India Welfare Trust

For Care India Welfare Trust For Care India Welfare Trust

Mahinder

Mahinder Dobriyal
Trustee

Arpana

Arpana Tiwari
Trustee

OUR FINANCIALS

CARE INDIA WELFARE TRUST
INCOME AND APPLICATION OF FUNDS ACCOUNT FOR THE YEAR ENDED AS ON 31st MARCH, 2023

Particulars	Note No.	For the year ended 31st March, 2023	For the year ended 31st March, 2022
Income			
Voluntary Contributions		14,996,197	15,250,704
Interest Income		7,371	18,963
Gross Income Available for Application (A)	(I+II)	15,003,568	15,269,667
Application of income			
Income applied for evacuation various social and welfare programme	2	14,097,222	14,010,522
Total (B)		14,097,222	14,010,522
Administration & Other Expenses (C)	3	1,037,552	1,476,826
Total Income Applied	(B+C)	15,134,774	15,487,348
Net Surplus before depreciation & tax	(A-B-C)	(131,206)	(217,681)
Less - Depreciation		7,698	8,847
Net Surplus before tax		(138,904)	(226,528)
Less - Provision for Income Tax		-	-
Net Surplus after depreciation & tax		(138,904)	(226,528)

Notes forming part of Financial Statement

As per our report of even date.

For G Kumar & Associates

Chartered Accountants

FRN - 036386N

Gaurav Kumar

Gaurav Kumar, FCA

Proprietor

M. No. 545779

Place: New Delhi

Date: 26/04/2023

UDIN: 23545779BGPVCM8093



For and on behalf of board of trustees
Care India Welfare Trust

For Care India Welfare Trust

Mahinder
Trustee

Mahinder Dobriyal
Trustee


For Care India Welfare Trust

Arpana
Trustee

Arpana Tiwari
Trustee

CONTACT US!



 Basti Vikas Kendra Harijan Bast, Chuna Bhatti Near Nirankari Satsang Bhawan Kirti Nagar Delhi, New Delhi, Delhi 110015

 18003134006

 Info@careindiawelfaretrust.org

 www.careindiawelfaretrust.org



"Social work is a profession that embodies compassion, empathy, and a desire to make a positive impact on individuals and communities."



~Mahinder Dobriyal

CARE INDIA WELFARE TRUST

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